

# Markdown Formatting Overview

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Markdown formatting is used to apply simple styling to text. Administrators can apply Markdown to the following items:

- [Fields](#) (Long Name)
- [Standard configurable forms](#) (Free Form Text)
- [Reports](#) (Free Form Text)
- [Email Templates](#)
- [Activities](#) (Description)
- [Views](#) (Description)

See the [Supported Markdown Styles](#) article for more information on applying these styles.